

5 December 2020



Dear Parent/Guardian

### **Year 7 self-isolation**

I sorry to inform you that last night a Year 7 student received a positive test result and has had contact with other Year 7 students in school. I can confirm that while in school he was asymptomatic, but, unfortunately, at that time he was probably infectious. He has, in fact, tested positive having only presented with a headache, which underlines again the importance of taking seriously the wider range of symptoms that I wrote you about yesterday. He does not use public transport to travel to/from school.

So I am afraid that we are insisting that all year 7 students need to go in to self-isolation until Thursday 17 December.

### Self-isolation

This means that students should stay at home throughout the entire two weeks. Other household members, including siblings in other year groups, are not required to also self-isolate unless anyone develops symptoms, in which case the entire household should self-isolate until either negative test results are obtained, or until two weeks have passed in the case of a positive test result.

### Keeping students at home

Students should be kept at home if any member of their household is showing symptoms until a negative test result is obtained. Students should also be kept at home if they exhibit any of the following symptoms:

- a temperature;
- a cough;
- a loss of taste/smell.

In addition to this we are advising that students should stay at home if feeling generally unwell and presenting with any of these symptoms:

- diarrhoea;
- nausea;
- vomiting;
- extreme tiredness;
- headaches;
- joint pain;
- muscle ache;
- runny nose and/or sneezing;
- sore throat;
- altered consciousness;
- seizures.

I cannot guarantee that we will not be required to send home other year groups, but I am certain that if you look for early signs and keep ill students at home until you are sure it is safe for them to return we can minimise the chances of this happening.

If you are in any doubt about whether you should send your son or daughter to school then please contact us for advice.

We will contact all Year 7 parents about the work we would like their children to do on Monday.

Yours faithfully

A handwritten signature in black ink, appearing to read 'Tracey Savage', written in a cursive style.

Tracey Savage  
Headteacher